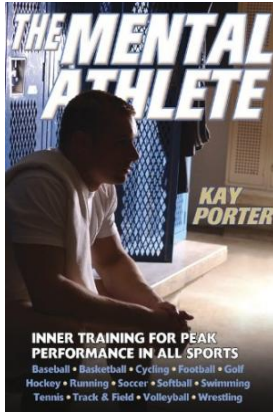


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THE MENTAL ATHLETE: INNER TRAINING FOR PEAK PERFORMANCE IN ALL SPORTS



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