



## Top 100 Finger Foods: 100 Recipes for a Healthy, Happy Child

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By Annabel Karmel

Atria Books. Hardcover. Book Condition: New. Hardcover. 160 pages. Following up on her hit bestseller Top 100 Baby Purees, British media star and Today show favorite Annabel Karmel presents Top 100 Finger Foods, a scrumptious guide to creating tasty tidbits that young children can really sink their teeth (or gums!) into. By the age of nine months, many babies are ready and eager to start feeding themselves. Although they might not be able to handle a spoon, children of this age can master the art of eating on their own as long as the food they're served is right-sized! Finger foods are the perfect solution. Featuring quick and easy recipes that are just as nutritious as they are delicious, Top 100 Finger Foods gives busy parents the tools they need to create snacks and meals that will keep kids from going into hungry meltdown mode and that even give their bossy toddlers an all-important sense of power and control. The recipes in this collection include sweet corn pancakes; sticky soy drumsticks; Teriyaki Salmon; muffins made of natural, healthy choices like pineapple, carrot, and coconut; fresh fruit ice pops; and much, much more. Loaded with simple instructions and luscious four-color photography, Top 100...



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### Reviews

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

-- **Prof. Kirk Cruickshank DDS**

*This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better than never. I found out this book from my dad and i encouraged this pdf to find out.*

-- **Justus Hettinger**