



In the Wings; Trials and Transformation of an Alien Ballerina

By Denise Stephani

Upfront Publishing. Paperback. Book Condition: new. BRAND NEW, In the Wings; Trials and Transformation of an Alien Ballerina, Denise Stephani, "Dance saved my life. It helped me survive and escape after sixteen years under the Regime of a Psychopathic Dictator - my father." Within the South African Apartheid Regime, Denise was locked into domestic slavery - a box within a box. She was only allowed to go to school, ballet and her parent's places of work when it suited him: to create an impression of normality. Like the Austrian Fritzl girl, she had to play his sick game and fight him off every day. The boxer needed a sparring partner. If he had the money to build a soundproof cellar she may well have found herself in one. but the invisible walls and chains were there. He was obsessed with Hitler and ran their home like a Brown Shirt concentration camp. Every day was hell, a constant threat of death. But she found coping strategies. She wore the mask, educated herself and danced using humour to still the pain. Denise created a miraculous and inspiring self-transformation to become a ballerina, community worker and reformer. But all the while she had her dark,...



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